



31-Day #SmileStarter Challenge



1 Complete <input type="checkbox"/> Design or Order Your #SmileStarter Mask <i>alternate activity</i>	2 Complete <input type="checkbox"/> Tell Your Best Friend Why You Love Them <i>alternate activity</i>	3 Complete <input type="checkbox"/> Pet a Furry Friend <i>alternate activity</i>	4 Complete <input type="checkbox"/> Pay It Forward <i>alternate activity</i>	5 Complete <input type="checkbox"/> Decorate Your #SmileStarter Mask (unless you ordered one) <i>alternate activity</i>
6 Complete <input type="checkbox"/> Tell a Parent They're Doing a Good Job <i>alternate activity</i>	7 Complete <input type="checkbox"/> Shop Local <i>alternate activity</i>	8 Complete <input type="checkbox"/> Post a Selfie Wearing Your #SmileStarter Mask <i>alternate activity</i>	9 Complete <input type="checkbox"/> Take a Treat to Your Neighbor <i>alternate activity</i>	10 Complete <input type="checkbox"/> Ask How Someone's Day Ended <i>alternate activity</i>
11 Complete <input type="checkbox"/> Don't Look at Your Phone During a Meal with Others <i>alternate activity</i>	12 Complete <input type="checkbox"/> Thank a Cashier <i>alternate activity</i>	13 Complete <input type="checkbox"/> Listen to Someone Who Needs to Vent & Don't Offer Advice <i>alternate activity</i>	14 Complete <input type="checkbox"/> Do Something Fun <i>alternate activity</i>	15 Complete <input type="checkbox"/> Don't Comment on a Social Media Post You Disagree With <i>alternate activity</i>
16 Complete <input type="checkbox"/> Do an RAK for a Caretaker <i>alternate activity</i>	17 Complete <input type="checkbox"/> Wave at Strangers While Walking Wearing Your #SmileStarter Mask <i>alternate activity</i>	18 Complete <input type="checkbox"/> Share Your Signature Recipe with Someone <i>alternate activity</i>	19 Complete <input type="checkbox"/> Double Your Tip <i>alternate activity</i>	20 Complete <input type="checkbox"/> Share Your Favorite Inspirational Quote <i>alternate activity</i>
21 Complete <input type="checkbox"/> Do a One Day News - Social Media Fast <i>alternate activity</i>	22 Complete <input type="checkbox"/> Pamper Yourself <i>alternate activity</i>	23 Complete <input type="checkbox"/> Return Something You Borrowed <i>alternate activity</i>	24 Complete <input type="checkbox"/> Donate to a Foodbank <i>alternate activity</i>	25 Complete <input type="checkbox"/> Wear Your #SmileStarter Mask & Spend Distance Time with Someone <i>alternate activity</i>
26 Complete <input type="checkbox"/> Complete a Survey for Someone Who Helped You <i>alternate activity</i>	27 Complete <input type="checkbox"/> Compliment Everyone - friends, family, coworkers, & strangers <i>alternate activity</i>	28 Complete <input type="checkbox"/> Thank a Mentor <i>alternate activity</i>	29 Complete <input type="checkbox"/> Be Lazy <i>alternate activity</i>	30 Complete <input type="checkbox"/> Celebrate Other's Successes <i>alternate activity</i>
31 Complete <input type="checkbox"/> Post a Selfie in Your Favorite #SmileStarter Mask <i>alternate activity</i>				